



Power of Purpose WorkSheets

How to use the worksheets to empower your family

These worksheets go along with the Power of Purpose series in the Hatching Curiosity Podcast (Starting Episode 8) You can follow along with the podcast for more examples of vision statements, statement of values, mission statements and mottos on your favorite podcasting app or read a transcript of the episodes at hatchingcuriosity.com/blog (just search whichever episode you'd like to read).

I love to hear what other families come up with so shoot me an email at hatchingcuriosity@yahoo.com or tag me on social media @hatchingcuriosity if you share your statements online. Thanks for taking the time to do this for your family and I hope you enjoy clarity and focus throughout the year!

These worksheets are not for resale or distribution. If you'd like to share them with a friend please have them download their own free version at hatchingcuriosity.com





Creating a Family Vision Statement

Step #1: Brain Dump.

Write everything you wish your life with your family was. If you could live anywhere doing anything, what would that look like?

What is the first thing you would do in the morning? How would you do meals, exercise, school, housework? Walk yourself through an ideal day.





Creating a Family Vision Statement

Step #1: Brain Dump.

After you have a clear vision on the day today, take it wider. What kinds of projects would do you work on? Is there a problem you'd try to solve together? A people you would like to serve? A cause you are willing to stand for?

Or travel down the road a little further. What will your kids be like when they are grown?





Creating a Family Vision Statement

Step #1: Brain Dump.

Another idea is to think of what you'd want someone to say in your eulogy. You know, the kind of legacy you'd want to leave.

Lastly- What's the one desire you are afraid to even say out loud. The one that is too big or too bold for others to even know you have.






Creating a Family Vision Statement

Step #2: Vision Board

Create a vision board by taking a poster board and cutting it in half then finding pictures in magazines or off the internet that speak to you. You don't have to have a specific reason for liking the picture or go looking for a picture to represent a specific an idea. In fact it is more telling if you don't! Just cut and glue and fill up your poster with what appeals to you. If you don't want the mess you can also create pinterest boards to flip through or sketch things below that make you happy or you would like to have in your life. At the very least take a momemnt to close your eyes and picture your ideal life for a few moments. Notice the details of where you are at, who is with you, what you are doing. The more clear you can make the image the more powerful it will be as you tie senses and emotions to it. It is this image or poster board that you will return to when overcoming inner and outer obstacles to reach your vision.





Creating a Family Vision Statement

Step #3: Find Themes

Looking at your brain dump pages and vision board find themes. They could be life styles, locations, actions, feelings, projects, people, or any number of things. (You don't need to find six but pull out at least three.)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Now write the themes your partner or kids found.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

What are the themes you have in common or value most? Can you simply them into 2-3 core shared themes?

1. _____
 2. _____
 3. _____
- 



Creating a Family Vision Statement

Step #4: Explore Versions of your Vision

Using the 2-3 shared themes write a vision statement that ties them together into one vision. If they are just not congruent enough bridge them or choose what is most important to you.

Write your vision statement again this time expanding it to communicate your full vision.

Look at the two above versions and find a more concise way to articulate what you want. Leave off the details and state only what is at the core of your vision. If nothing else worked out but this, you would be proud of your life.





The _____
Family Vision:

